

11th

Our community wellness fair

For Black, African, and Caribbean Communities



FREE
admission and
parking!

**All ages
welcome!**



Saturday, September 20, 2025 10 a.m. to 3 p.m.

Sheridan College - Hazel McCallion Campus

4180 Duke of York Blvd. Mississauga (Parking located – 4219 and 4171 Living Arts Dr., Mississauga)

Services, information and resources:

- Cancer prevention, screening, and management
- Diabetes prevention and management
- Heart health
- Food and nutrition
- Services for seniors
- Services and activities for youth
- Francophone services
- Mental health and wellness
- Sexual health ...and much more!

See your health clearly by visiting the Wellness Window for free health checks and services:

- Blood testing for diabetes, prostate cancer, kidney health, and more
- HIV self-test kits
- School immunizations: Book online for meningococcal, HPV and Hep B at bit.ly/Peelebooking. For other required school vaccines, please call 905-799-7700 or toll-free 1-888-919-7800 to book an appointment.



Join us for a special youth panel presentation:
Redefining Student Success
- Careers, Wellness, and
Finding Your Way

The fair will also feature:

- Music
- Giveaways
- Kids' activities
- Steel pan band
- Interactive fitness demos
- Caricaturist
- Food truck (\$)
- Chair massage
- Legal clinic

Visit rootscs.org/wellnessfair or scan the QR code for more information.

With leadership from:



In collaboration with:



East Mississauga
Community Health Centre
A Branch of LAMP

