

Our community wellness fair

For Black, African, and Caribbean Communities



Saturday, May 14, 2022
10 a.m. – 6 p.m.

Brampton City Hall Atrium
2 Wellington St., W., Brampton

(at the intersection of Queen St. and Main St.) (Free parking available)

Join us for free health checks, demos, and info sessions! Learn about:

- Staying heart healthy
- Managing diabetes
- Fitness (including Socacise!)
- Dental care
- Mental health and wellness
- Cancer prevention
- Genetic counseling
- Joint and muscle health
- COVID-19
- Housing and income support ...and much more!

Plus giveaways, music, and much more!
FREE admission.
All ages welcome.



Hosted by Jonathan Shaw

Visit rootscs.org/wellnessfair for more information and to register for email updates about the event.

