

## Therapist, Reach Out Centre for Kids (ROCK) Halton Region

### Background

Roots Community Services Inc. (RootsCS) and Reach Out Centre for Kids (ROCK) are collaborating to offer counselling services to Black, African and Caribbean children, youth and their families who are seeking service at ROCK. This is a 12-month project in which the counsellor will be based at ROCK's location in Halton Region.

This initiative will provide culturally-relevant services to children and youth who are facing systemic barriers to help them develop strong emotional and social skills. RootsCS works from a client-centred, community-focused and culturally-sensitive and safe framework. Our services offered are grounded in a client-driven approach with an understanding of the challenges face by and opportunities available to the children, youth and their families. Clients will be engaged in individual counselling and group sessions to help them in their social and emotional growth.

Working with ROCK will provide an opportunity to work with the Lead Mental Health organization in the Halton region. ROCK, which works with children, youth and their families, operates from an interdisciplinary approach and is recognized as an outstanding academic teaching centre.

### The Role

RootsCS is seeking a **Therapist** who will be responsible for delivering culturally-sensitive intervention, navigation and support to children, youth and their families at ROCK.

**Term of work:** 12-month contract  
**Hours of work:** 20 hours a week  
**Compensation:** \$35/hr plus benefits

### Major Duties and Responsibilities

These include but are not limited to:

- Being knowledgeable in a variety of evidence-informed treatment modalities including anti-black racism, anti-oppression and other culturally-safe approaches to intervention;
- Practice or training in one or more of the following skill areas:
  - Experience providing group treatment OR facilitating parent events
  - Experience with culturally-adaptive CBT, DBT and/or EFFT
  - Experience and training in facilitating anxiety groups for children and families
  - Experience working across the age continuum using clinical frames, such as, systemic family therapy, attachment, and developmental lenses
- Providing a clinical perspective within the multidisciplinary team and to be aware of the importance of contributions from other disciplines in recognizing and treating disorders of children and their families;

- Demonstrating the ability to work within the team to develop a coordinated treatment program to meet child and family needs;
- Providing skilled assessment and treatment services to children, youth and their families/caregivers;
- Developing, implementing and evaluating comprehensive treatment plans according to individual client and family/caregiver needs;
- Collaborating with other professionals and community resources to ensure effective service delivery on behalf of each client;
- Ensuring the availability of required information for all clients by maintaining concise case records and data in a timely manner;
- Having the ability to effectively assess, manage, design, and implement a plan to ensure safety of the client;
- Organizing sessions that can include virtual&/or in-person treatment groups, seminars, workshops or presentations;
- Using high levels of oral and written communication skills, time management and critical thinking skills with a strong understanding of role boundaries;
- Participating in quality improvement and program evaluation initiatives;
- Being knowledgeable of and adhering to agency policies and procedures as well as relevant legislation for children's services;
- Completing intake referral, initial assessment and evaluation of each client;
- Conducting family sessions and providing advocacy and support to families;
- Preparing surveys, monthly statistical and summary report of activities;
- Working cooperatively and collaboratively with both RootsCS and ROCK staff and partners to meet the objectives of this project;
- Abide by the specific requirements of Section 28 of the Occupational Health and Safety Act as well as any further health and safety responsibility as outlined in the agencies' policy and procedure documents.

### **Skills and Qualifications:**

- Master's degree in social work or related discipline; three years clinical experience or an equivalent combination of education and experience.
- Understanding of legislation of the Ministry of Children, Community and Social Services.
- Strong understanding of the specialized needs of Black youth who may be experiencing challenges related to anti-Black racism and systemic discrimination.
- Knowledge of and sensitivity to the lived experiences and diverse needs, identities and cultural backgrounds of Black youth and their families.
- Knowledge of the community including an understanding of cultural and local programs and services to which to refer Black youth, such as mental health and counselling supports.
- Experience working and engaging within the Black community in Halton Region.
- Interpersonal skills necessary to deal effectively and compassionately with Black youth, stakeholders, volunteers and the community.
- Excellent administrative, organizational and report writing skills.
- Must obtain a clean and recent Vulnerable Sector Check.
- Possess a valid Ontario G driver's license, use of a reliable vehicle.

Please forward your application with a cover letter by **December 21, 2020**, via email to [info@rootscs.org](mailto:info@rootscs.org)

We thank all who apply for this position; however, only those candidates selected for an interview will be contacted.

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